



Choices for Life

The Beatitudes for Daily Living

KEVIN TRESTON

The Beatitudes are faith expressions of how God wishes us to live harmoniously and holistically with all creation. They offer a vision for life.

In *Choices for Life*, Kevin Treston focuses on the eight Beatitudes found in Matthew's Gospel. He explores how each reflects something of the mystery of who God is and how we are connected with every living thing in creation, while offering a direction for practical living.

In these times, when many of the traditional ways of being church are questioned, *Choices for Life* begins by examining the relationship between the Beatitudes and issues facing our world today.

A dedicated chapter for each of the featured Beatitudes follows. Thought-provoking photos and reflection questions at the end of each chapter help the reader to form a deeper understanding of the Beatitude and how it may relate to their own life circumstances.

One might ask, 'Are the Beatitudes an impossible dream or are they life goals that we can aspire to with a gracious God leading us on?'

Choices for Life will open your mind to a world of love, justice and peace, offering a way to walk Jesus' own path to that world.

Choices for Life is a visually stunning, deeply spiritual book.

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special launch
price
\$24.95*
RRP \$29.95

'Dr Kevin Treston's commitment to uncovering new understandings and to sharing them in a very readable fashion is a remarkable gift that he has given to searchers of wisdom over many years... I commend this book to anyone seeking to live a more virtuous life.'

—Anne Benjamin DSG,
Honorary Professor ACU
educator and writer

'In *Choices for Life*, Dr Treston offers us an authentic human response to woundedness...'

—Denis McLaughlin
DipT (MSM), BA (UQ)
BEdSt (UQ), PhD (ULond)

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about *Choices for Life*



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