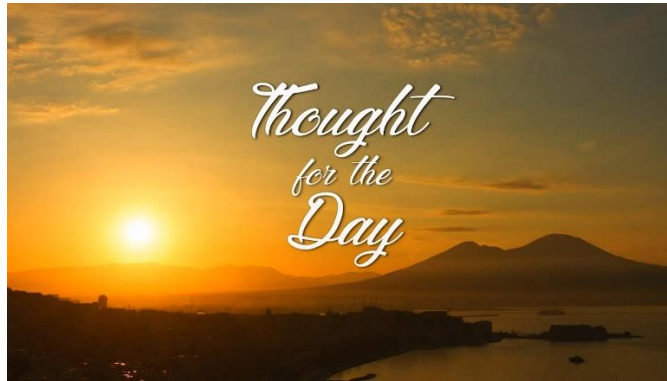


Emmaus Online Video Prayer And Meditation Library



“Thought For The Day” With Noel Davis Series

Thematic Index

This video series is centred on the poetry of the much loved Australian poet, Noel Davis. The poem is presented by Noel and then opened up with images and music for further reflection.

Episode	Theme and Focus
A Graceful Seductions	Come into the quiet and be gracious with time and with yourself. Take off your thoughts anxieties and expectations and lay them aside. Ease into the silence (© Noel Davis)
Keep Reminding Me	I know I'm not the centre of the world, and yet I live that way. You keep waking me, shaking me with the persistence of love. Keep reminding me when I forget and keep setting boundaries (© Noel Davis)

Just Come	You don't have to do anything, prepare anything, produce anything, perform for anyone, report anything, submit anything, be any where adopt any role.... Let's indulge ourselves in sweet idleness (© Noel Davis)
Growing Into Fullness	Venture beyond the familiar. Range wider than routine. Delve beneath the certain. Hold truth with an open heart... (© Noel Davis)
On The Wings of One-der	Sitting with the land listening to her prayer, fill the quiet of my solitude. Following a tiny insect as it flies across a mighty desert gorge, a speck of life connecting me with everything (© Noel Davis)
Reclaim Your Sacred Site	Clear a little space in your crowded everyday and every day reclaim the sacred site there (© Noel Davis)
A Pause	A pause . . . a gap in the human go where the Divine squeezes through. Extend the pause, widen the gap (© Noel Davis)
Love And Miracles	To be loved for the truth of me, Ah, that is true love! To be loved in my poverty, is to be rich beyond reckoning! To be loved in my defences, is the key to liberty! To be loved in my brokenness, is the touch that heals! To be loved in my sadness (© Noel Davis)
Resurrection of the Living	The resurrection of the living is through love (© Noel Davis)
Humility	Being your right size in the Universe ... (© Noel Davis)

<p>What of Truth</p>	<p>The truth will set you free... We know that to our marrow so why are we afraid, of our heart's passionate desire? (© Noel Davis)</p>
<p>To Be With Others</p>	<p>To be with others, we first need to be in the quiet of our own hearts. (© Noel Davis)</p>
<p>There Comes A Time</p>	<p>There comes the time for each of us to break out of who we have become our life a chrysalis inside now cramped for meaning and restless for the more. Dare we let go the known (© Noel Davis)</p>
<p>Life In The Penthouse</p>	<p>We live our lives in the penthouse of our heads. It's safe there at a distance from the rest of us, thinking we are in control (© Noel Davis)</p>
<p>Forgiveness Track</p>	<p>Forgiveness disarms and softens our hearts, where violence arms violence and hardens our whole being... (© Noel Davis)</p>
<p>A Love Stop</p>	<p>We are compelled by Love to stop and step aside, when too much of us is not alive in the present way we live... (© Noel Davis)</p>

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