Emmaus Online Video Prayer And Meditation Library



Poetic Reflections With Edwina Gateley <u>Thematic Index</u>

This video series offers inspirational reflections on life's journey and relationship with God. Each reflection is supported with images and music and quiet reflection.

Episode	Focus	Theme
All Set	I came seeking, hungry, hoping, and I stumbled, awestruck, into a feast gratuitous	 Seeking God Spiritual nourishment The gracious and generous love of God

Each Day	Each day is so full of action, noise and haste that I miss You, God, as You get lost in all my clutter. Oh let me, in the midst of all, discern a little spark of You	 Stress Pressure Longing for space Seeking God Resting in God
Space	When you think I am gone, dear one, know then I am most near	 Suffering Fear Comfort of God Searching for God Hope Trust Faith God's love
A Bit Of God	We are each of us a bit of God, a scrap of divinity. If we would know it	 The mystery of God's indwelling The sacredness of humanity Human dignity Self- worth Respect
Will You	When I'm too tired to look at You, and my eyes are drowsy and heavy, will You, oh God, look instead at me	 Stress and pressure God's love and comfort God's strength God's faithfulness
Let Your God Love You	Be silent. Be still. Alone. Empty Before your God. Say nothing. Ask nothing. Be silent. Be still. Let your God look upon you	 Letting go Suffering Turning to God Trust and surrender God's compassion God's unconditional love

Faith	When all around is deadened gray, help me, God, keep on believing. When dulled my soul, though the song birds sing, help me, God	 Hardship of life Suffering Loss and grief Trust in God Faith
Prodigal Child	I imagined God, waiting for our recognition- for one of those rare and fleeting occasions- when we pause to look within ourselves	 Self-awareness Time out Spiritual nourishment Relationship with God God's welcoming love God's gracious love
Water	I listen to the water washing oh so softly upon the rocks and stones strewn upon the beach. And, as I listen to the constant rhythm, I know that God, in unending desire	 Relationship with God Spiritual renewal and enrichment God's all- embracing love and desire for us God's faithful love Intimacy with God
Blessing	God wrap Her warmth around you like a shawl to hug you tight	 God's comfort and strength God's faithful love God's all-embracing presence God's guidance God's blessing

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